

YOUTH KUNG FU FACT SHEET

Welcome to the Po Chi Lam Training Center, Inc.



We offer classes in Hung Gar Kung Fu, Sup Sau Pai Kung Fu, Chinese Weapons, Chinese Kick Boxing (Sanshou), and Self-Defense.

Our classes are available to persons of all ages; whether they are beginners who wish to learn the art self defense, or those who wish to pursue the martial arts to gain a deeper understanding of control, and self.

Classes are designed to give each student individual attention to meet their own goals as well as excel in their physical, mental and spiritual wellness.



WHAT TO EXPECT

The idea is simple.
 You want to learn Kung Fu.
 We only train Kung Fu.
 We give you a free trial class to decide.
 If you value what we offer come back, if not good-bye.
 Do not expect a follow-up call. We will not chase after you.
 If you're interested in what we offer, we are ready to teach.
 Do not ask us to negotiate our fees – unless you are ready to negotiate what we teach you.
IT'S THAT SIMPLE.

HOW MUCH DOES IT COST

Class fees begin at \$75 a month with no contracts. We offer a generous discount for multiple family/friend memberships.

We train no-nonsense, operating with the bare necessities required.

What you pay for is the quality information given and life-saving skills you are taught.



CLASSES SCHEDULE (AGES 5 AND 14) - *Friday Classes held every other Friday – Please ask instructor for more details.

TIMES	MON	TUE	WED	THUR	FRI*
5:30 – 6:30 PM	Basics Class		Basics Class		Sparring
6:40 – 7:30 PM	Basics Class		Basics Class		Sparring
					SAT
10:30 AM – NOON					All Ages

YOUTH KUNG FU REGISTRATION FORM

A. BUYER INFORMATION

Last Name	First	Address	City	State	Zip
Contact Numbers	Home ()		Work Phone ()		
E-mail Address					

B. EMERGENCY CONTACT -

Contact Name: _____	Relation: _____
Address: _____	City: _____ Zip Code: _____
Phone: (day) _____	(evening) _____

C. STUDENT INFORMATION

#	First Name	Last Name	Birthday	Age	Gender	Per Person	Total Due
1					M / F	\$75.00	\$75.00
2					M / F	\$65.00	\$130.00
3					M / F	\$60.00	\$180.00
4					M / F	\$55.00	\$220.00

Total Fee = \$ _____

+ **Registration Fee \$30.00** * _____ = \$ _____

D. RELEASE AND WAIVER OF LIABILITY

I recognize that I am enrolling in classes at the Po Chi Lam Training Center, Inc., a martial arts learning facility, and the primary focus of these classes is for instruction in personal self-defense and protection methods using a combination of modern and traditional martial arts techniques and fitness courses.

I understand that the training, instruction, and/or lessons provided could involve light to strenuous physical activity and physical contact with other students may occur.

I understand that the instructors take reasonable care to prevent accidents and minimize injuries for all students. It is my responsibility to obey the rules and regulations of the school that will help minimize these risks. **I understand the risks involved and I give my permission for the above listed students to participate in the martial arts classes and activities provided by the Po Chi Lam Training Center, Inc.**

I understand that “the Center” takes reasonable care to prevent accidents and minimize injuries. But it is my responsibility to obey the rules and regulations of the school that will help minimize my risks. **No member shall practice any contact sparring or self-defense techniques without the direct supervision of a qualified instructor.**

Buyer Signature: _____ Date: _____

All memberships are monthly and do not require any long-term contracts. Students may cancel their memberships at any time. However, There are no refunds given after the second class for each program. There is a \$10 administrative fee applied to all refunds.